

Kyu Grade Requirements



Level	Techniques and Terms	Kata
8 Kyu	<ul style="list-style-type: none"> – Proper Kendo Etiquette (Hold shinai correctly, Seiza & Reiho) – Chudan-no-kamae – Ashi Sabaki: Ayumi-ashi & Okuri-ashi – Men-uchi with Suri-ashi (sliding foot) – Kote-uchi with Suri-ashi (sliding foot) 	No Kata
7 Kyu	<ul style="list-style-type: none"> – <i>As for 8th kyu plus:</i> – Jodan-no-kamae (Migi & Hidari) – Ashi Sabaki: Hiraki-ashi & Tsugi-ashi – Do-uchi with Suri-ashi (sliding foot) 	Start & finish of Kendo Kata
6 Kyu	<ul style="list-style-type: none"> – <i>As for 7th kyu plus:</i> – Choyaku-suburi (20 times) – Gedan-no-kamae & Hasso-no-kamae – Men-uchi, Kote-uchi & Do-uchi with Fumi-komi (foot stamp) – Kote-men on Motodachi – Harai-men on Motodachi 	<p>Bokuto-ni-yoru Kendo Kihon-waza Keiko-ho 1-3</p> <p>Kihon-ichi (Ippon-uchi-no-waza): Sho-Men, Kote, Do, Tsuki</p> <p>Kihon-ni (Renzoku-waza): Kote-Men</p> <p>Kihon-san (Harai-waza): Harai-Men</p> <p>(Choose 2 Kata include Kihon-ichi)</p>
5 Kyu	<ul style="list-style-type: none"> – <i>As for 6th kyu plus:</i> – Correctly put on Kendo-Gi and Hakama – Choyaku-suburi (30 times) – Waki-gamae – Kote-men-do on Motodachi – Harai-kote on Motodachi 	<p>Bokuto-ni-yoru Kendo Kihon-waza Keiko-ho 1-6</p> <p>Kihon-yon (Hiki-waza): Men-tsubazeriai-hiki-Do</p> <p>Kihon-go (Nuki-waza): Men-nuki-Do</p> <p>Kihon-roku (Suriage-waza): Kote-suriage-Men</p> <p>(Choose 3 Kata include Kihon-yon)</p>
4 Kyu	<ul style="list-style-type: none"> – <i>As for 5th kyu plus:</i> – Correctly put on Kendo-Bogu – Choyaku-suburi (40 times) – Men-tsubazeriai-hiki-do – Men-nuki-do – Kote-suriage-men 	<p>Bokuto-ni-yoru Kendo Kihon-waza Keiko-ho 1-9</p> <p>Kihon-nana (Debana-waza): Debana-Kote</p> <p>Kihon-hachi (Kaeshi-waza): Men-kaeshi-Do</p> <p>Kihon-kyu (Uchiotoshi-waza): Do-uchiotoshi-Men</p> <p>(Choose 3 Kata from Kihon-go to Kihon-kyu)</p>



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3 Kyu	<ul style="list-style-type: none"> – <i>As for 4th kyu plus:</i> – Choyaku-suburi (50 times) – Men-tsubazeriai-hiki-men – Kote-nuki-men – Men-suriage-men – Uchikomi-geiko (20 seconds - Both Motodachi and Kakarite) 	<p>Nihon Kendo Kata 1 (ippon-me)</p>
2 Kyu	<ul style="list-style-type: none"> – <i>As for 3rd kyu plus:</i> – Full Kirikaeshi (Both Motodachi and Kakarite) – Men-debana-kote – Men-kaeshi-do – Do-uchiotoshi-men – Uchikomi-geiko (30 seconds - Both Motodachi and Kakarite) 	<p>Nihon Kendo Kata 1-2 (ippon-me to nihon-me)</p>
1 Kyu	<ul style="list-style-type: none"> – <i>As for 2nd kyu plus:</i> – Full Kirikaeshi (Both Motodachi and Kakarite) – Uchikomi-geiko (30 seconds - Both Motodachi and Kakarite) – Gi-Keiko (Two Matches of One Minute) 	<p>Nihon Kendo Kata 1-3 (ippon-me to sambon-me)</p>